

EXAMPLE AMENDS PLAN

My Amends Summary For: My Old Employer

For what should I make amends?	What restitution (payment) could I offer or should I prepare for?	Is there anything to discuss with my mentor or other Christians in my life before making amends?
Stealing property. Being judgmental. Taking revenge rather than discussing my frustration with my boss. Letting selfish pride and fear control my actions as an employee.	Confess what I stole, apologize, and ask forgiveness. Be willing to repay the \$200 + interest or offer services to make up for the losses. Be ready to face and accept legal consequences for my actions.	Check to see if the amount I offer to pay in restitution is enough. Ask for ongoing support if there are legal charges.

My Amends Summary For: <u>My Dad</u>

For what should I make amends?	What restitution (payment) could I offer or should I prepare for?	Is there anything to discuss with my mentor or other Christians in my life before making amends?
Disrespectful toward him. Did not honor him. Acted spitefully. Cursed him often behind his back.	Confess, apologize and ask for forgiveness for being disobedient, disrespectful and honoring him in our home.	Not about this.
I enabled Dad's drinking and verbal abuse of my mother. I urged my mother to leave my father but she never did.	Confess, apologize and ask for forgiveness for not honoring my parents commitment to one another.	Should I seek amends for not speaking the truth in love, drawing stricter boundaries or keeping secrets that enabled his behavior? How do I address this?