**Video 1: What is Inventory? (Video = 5 min):**

* Shown at the completion of Step 3 before starting Step 4, Week1
* Total Time: 15 minutes (5 minutes for video, 10 minutes for discussion)
* If possible show during group time. Videos can be shown from online platform or downloaded from [www.regenerationrecovery.org/resources/](http://www.regenerationrecovery.org/resources/)
* Cover Q1 of the Inventory FAQ Document—logistics and schedule

**Group Discussion Questions:**

1. **Nate mentioned that there is potential for anxiety surrounding Step 4. Have you been experiencing any uneasiness or anxiety as you approach inventory?**
2. **What step does Nate call the most important step of *re:generation*? Why?** 
   1. What does the completion of Step 3 provide that is necessary to complete *re:generation*?
   2. What should you do if you have not yet trusted your life and will to Christ in Step 3?
3. **After watching the video, how would you answer the question, “What is an Inventory?”**
4. **Why don’t we just leave the past in the past?**
   1. What is an idol?
   2. Why is it important to identify idols and sinful patterns?
5. **Nate said knowing the truth about your sinful nature helps you understand the truth about God**.
   1. What happens when you see your sinful nature in full?
   2. Were you surprised to hear there is nothing in your inventory that Christ has not already paid for or would cause him to reject you? How does this change your perspective as you start inventory?
6. **Review the answer to Q1 of the Inventory FAQ.** 
   1. How many weeks is Step 4?
   2. Which weeks should I use the Inventory workbook?